



*With my registration, I accept to respect these 3 rules,
and I sign the cyclo sustainable commitment « Cycling Clean ».*

1. To be vigilant and cautious, even in group, to respect the highway code and to wear a hard helmet at all times.

2. To ride on the straight sections of the road, to ensure my own safety but also the safety of my friends, driver and other users of the highway.

3. To respect the nature around me and to be careful not to damage it. I do not throw any waste or rubbish on the streets or in nature.

4. To bring back all my waste (food

packaging, containers, used air chamber) using the back pocket of my shirt, a Waste Bag or bringing them directly into the bins and collection areas and waste sorting provided.

5. To act with dignity, hygiene and discretion during my obligations, even in the wilderness.

6. To practice with a healthy way my sporting passion. I do not use doping substances or products.

« A healthy mind in a healthy body »

7. To have a responsible Cyclo practice and to respect the fair play of the discipline.

8. To support Cyclo Relay, to respect their commitment and accept the penalties imposed for any breach or violation of regulations : time penalties, exclusion from the event or Trophy.

9. To support the commitment « Cycling Clean » of the organizer, its partners and raising awareness around me to respect healthy and sustainable cycling events.

LAST NAME : _____

SIGNATURE :

FIRST NAME : _____