## PARTICIPANT GUIDELINES



**RESPECT THE HIGHWAY CODE** and the orders of MARSHALS, POLICE and the ORGANISATION at all times. **CONTROL** your speed, **DON'T CUT CORNERS** and **SLOW DOWN** in populated zones.



**DO NOT THROW** any trash on the public roads. All trash must be discarded in the bins provided on all feed zones and at the start/finish area.



Toilets are available at the start/finish area and on all feed stations. It is **FORBIDDEN TO URINATE** in public and areas not forseen for this.



Victim or witness of an accident? Immediately contact our **EMERGENCY NUMBER +33 6 89 19 79 96** 



**KEEP YOUR RIGHT** at all times and ride in single files. Do not forget that you are sharing the road with cars at all moments.

ANY ABUSE WILL IMMEDIATELY RESULT IN THE DISQUALIFICATION OF THE CONCERNED RIDER OR RIDERS